Abstract Submission Guidelines

We welcome novel research in behavioral nutrition and/or physical activity and/or sedentary behavior as well as sleep. Below you can find an overview of the research tracks that will be used to structure the program of next year's ISBNPA Annual meeting. These tracks are based on ISBNPA's Special Interest Groups (SIGs).

To give as many attendees as possible the chance to present their work at ISBNPA conference, the **number of submissions per presenting author is limited to two submissions in total** (symposium or oral presentations):

- maximum 1 regular abstract and 1 abstract as part of a symposium (not including the role as discussant and/or chair)
  OR
- maximum 2 regular abstracts

A. Ageing (SIG)
Ageing-related research on nutrition, physical activity, sedentary behavior, and sleep. The topics can include ageing across the lifespan and are not limited to projects specific to older adults.

B. Motivation and behavior change (SIG)
Motivational dynamics (SDT, motivational interviewing…) and other theoretical approaches (including a focus on personal and environmental determinants) in relation to behavioral change with a focus on nutrition, physical activity, sedentary behaviors, and sleep.

C. Cancer prevention and management (SIG)
Lifestyle interventions and behavior change across the cancer prevention and control continuum incorporating primary prevention, screening and early detection, and lifestyle interventions for cancer patients and survivors.

D. e- & mHealth (SIG)
e- & mHealth-related research on nutrition, physical activity, sedentary behaviors, and sleep. e- & mHealth are defined as the use of electronic & mobile technologies (e.g., the Internet, mobile devices, and apps) to expand, assist or enhance health and health care delivery.

E. Implementation, translation, scale-up and sustainability (SIG)
Research on the implementation and scale up of nutrition, physical activity sedentary behavior and sleep programs and policies into practice.

F. Early care and education (SIG)
Nutrition, physical activity, sedentary behaviors, and sleep during the early childhood period with a focus on children's engagement in out of home childcare whether infant care, nursery school, preschool, kindergarten, childcare centers, family homes, and other relevant organizational settings.

G. Children and families (SIG)
Research on obesity, nutrition, physical activity, sedentary behaviors and sleep in children and parents. The main objective is to advance understanding of the complex associations of these behaviors with health outcomes and their biological, environmental, psychological, and social determinants.

H. Policies and environments (SIG)
Policy and environment research to improve nutrition, physical activity, sedentary behaviors, and sleep, including measurement, monitoring, evaluation, stimulation of action and advocacy efforts, definition, dissemination, and translation of current and future research in this area.

I. Socio-economic inequalities (SIG)
Research on socioeconomic inequalities in nutrition, physical activity, sedentary behaviors, and sleep.

J. Young adults (SIG)
The young adult target group has received more research interest and investment in recent years but is a relatively new area of research. Conventional health initiatives are ineffective, so it's an opportune time to establish a global community for multidisciplinary researchers who can innovate this field.

K. Participatory Research in Health Promotion (SIG)
Participatory (action) research is a promising and innovative approach to increase the effectiveness and impact of health promotion and to address public health "wicked" problems (such as the obesity epidemic) which are particularly resistant to resolution, specifically in vulnerable and difficult to reach populations.

L. Assessment and Methodologies in Behavioral Nutrition and Physical Activity
Research on intervention development and evaluation frameworks, research methods and measurement innovations, and statistical innovations (e.g., EMA, MLM)

M. Disease prevention and management
Research on chronic diseases (e.g., obesity, cardiovascular diseases, diabetes), well-being, quality of Life, mental health and eating disorders.

N. Other
Other topics such as research translation, special populations (e.g., migrants, refugees), pregnancy and early motherhood, developmental origins of health and disease, and health professionals' training, ethical issues, education (e.g., physical education).

If you have any questions about the submission process or have problems entering your submission, please contact annualmeeting@isbnpa.org or executivedirector@isbnpa.org. For more information on the ISBNPA 2023, please visit the website.

The call to submit is open from **September 19, 2022 to December 7, 2022.**

Abstract Guidelines:

1. Complete the online form carefully. Please note that incorrectly completed forms will not be considered for review.

2. The word limit for the abstract, excluding title and author details, is **350 words**. Submissions should adhere to the **format** detailed below (including headings) as closely as possible.

3. Please designate the corresponding author(s) after entering each author's name (all authors can be designated as corresponding authors). In addition, please designate which author is presenting. **'Presenting' authors are those who will present the paper or poster at the conference and must attend the conference.** 'Corresponding' authors are those who will receive email notices about the submission. If only one of the co-authors is a 'corresponding' author, that author is responsible for communicating abstract submission correspondence to the rest of the co-authors on the paper.

4. If there is an unexpected change in the presenter, please contact annualmeeting@isbnpa.org by **April 14, 2023.**

   IMPORTANT: If the presenting author is not registered for the conference, and the registration fee payment is not received by April 14, 2023, the presenter will be automatically removed from the program with no further notice.

5. Before submitting, you will be given the opportunity to review all the information you have provided.

6. You will be notified by email upon receipt of your abstract. Decisions regarding abstract acceptance will be sent to you by February 27, 2023, after completion of the review process. No information regarding acceptance will be available before that date.

Any requests to **withdraw a submission** must be made in writing and no later than **April 14, 2023** to annualmeeting@isbnpa.org or executivedirector@isbnpa.org.

In Person or Virtual?

If you submit your research for the regular abstract, you will be asked to choose from one of the below presentation options:

- live
- virtual oral
- live poster
- virtual poster (on-demand)

If you choose a virtual oral or virtual poster, please note that the virtual meeting is scheduled for late September 2023. For the virtual oral presentation, you will be required to submit the recording and join the session for live Q&A. If you choose a live poster, you will be required to prepare the poster and present it in Uppsala in June 2023. If you choose on-demand virtual, you will be required to submit the

recording and monitor any delegate questions, but your presentation will not be assigned to a specific time slot but will be available for viewing on-demand.

We understand that your decision to present live vs virtually may change between now and April 2023, so we ask you to indicate your preference based on your current knowledge and comfort level. We will ask you to revisit your decision again in early 2023 before the program is finalized.

Abstract:

The following information should be included in the content of the abstract.

Purpose:	State the primary purpose of the study, including the main research questions or hypotheses being addressed, emphasizing what is innovative about this research.
Methods:	Quantitative studies should include design, participants, measures, and analyses. Qualitative studies should include a reference to the approach being adopted (e.g., discourse analysis, grounded theory) and describe the method of data generation, (e.g., interviews, transcripts of conversations, written accounts). Reviews should include details of the procedures adopted (e.g., literature search, inclusion/exclusion criteria and methods of analysis), please be aware that we prioritize meta-analyses over systematic and umbrella reviews. All studies should include details of measures and analyses used.
Results/findings:	Quantitative studies should include a summary of the results, which should contain numerical data. Qualitative studies should include an indication of the main results of the analysis (e.g., examples of themes, categories, responses, discourses to be reported). Reviews should include a summary of the main findings that will be discussed in the paper. This section should present specific findings, if possible, rather than suggesting that 'results will be discussed'. In case results are not ready by the submission date, we expect clear details on the analysis plan and the innovation/originality of the study in the method section.
Conclusions:	Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity knowledge, methods, or practice. Significance to the field.

Please note: There is a *350-word limit* for each individual abstract.

The abstract review committee will review abstracts according to the following criteria:
- Innovation/originality and/or Importance for the field
- Quality of design (including both study and intervention design)
- Quality of measures
- Quality of analyses (or analysis plan, where relevant)

Thank you for your participation in ISBNPA 2023!